For people aged 6 and up with ADHD



Getting started with **AZSTARYS**®

Your doctor has prescribed AZSTARYS. This brochure contains helpful information about ADHD and your new medication.



Actor portrayals.

What is AZSTARYS?

AZSTARYS is a central nervous system (CNS) stimulant prescription medicine for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in people 6 years of age and older. AZSTARYS may help increase attention and decrease impulsiveness and hyperactivity in people 6 years of age and older with ADHD.

It is not known if AZSTARYS is safe and effective in children younger than 6 years of age.

IMPORTANT SAFETY INFORMATION

Abuse, misuse, and addiction. AZSTARYS has a high chance for abuse and misuse and may lead to substance use problems, including addiction. Misuse and abuse of AZSTARYS, other methylphenidate containing medicines, and amphetamine containing medicines, can lead to overdose and death. The risk of overdose and death is increased with higher doses of AZSTARYS or when it is used in ways that are not approved, such as snorting or injection.

- Your healthcare provider (HCP) should check you or your child's risk for abuse, misuse, and addiction before starting treatment with AZSTARYS. Tell your HCP if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.
- AZSTARYS may lead to physical dependence after prolonged use, even if taken as directed by your HCP.

Do not give AZSTARYS to anyone else because it may cause death or harm them.
 Keep AZSTARYS in a safe place to protect it from theft and properly dispose of any unused medicine.

AZSTARYS is a federally controlled substance (CII) because it contains dexmethylphenidate that can be a target for people who abuse prescription medicines or street drugs.

Please see additional Important Safety Information throughout and <u>Full Prescribing</u> Information and <u>Medication Guide</u>. azstarys ©
serdexmethylphenidate
and dexmethylphenidate

26.1/5.2mg • 39.2/7.8mg • 52.3/10.4mg capsules

AZSTARYS has 2 forms of medicine in 1 capsule

AZSTARYS is pronounced az-star'-is

Dexmethylphenidate

(deks-meth-uhl-fen-uh-date), or d-MPH

An immediate-release medicine that kicks in quickly

Serdexmethylphenidate

(sur-deks-meth-uhl-fen-uh-date), or **SDX**

A different way to provide continuous medicine throughout the day

IMPORTANT SAFETY INFORMATION (continued) Who should not take AZSTARYS?

Do not take AZSTARYS if you or your child are:

- allergic to serdexmethylphenidate, methylphenidate, or any of the ingredients
- taking or have stopped taking within the past 14 days a medicine used to treat depression called a monoamine oxidase inhibitor (MAOI).

Please see additional Important Safety Information throughout and Full Prescribing Information and Medication Guide.

AZSTARYS is designed to help in 3 ways, from morning to evening



IMPORTANT SAFETY INFORMATION (continued) **AZSTARYS** may cause serious side effects, including:

• Risks for people with serious cardiac disease. Sudden death has happened in people who have heart defects or other serious heart disease. Your HCP should

check you or your child carefully for heart problems before starting treatment with AZSTARYS. Tell your HCP if you or your child have any heart problems, heart disease, or heart defects. Call your HCP or go to the nearest hospital emergency room right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting during treatment with AZSTARYS.



Getting your **AZSTARYS** prescription



Filling a prescription is the first step in your AZSTARYS treatment journey.

Before leaving the doctor's office

- Discuss the prescription with the doctor. It might be paper, or they might send an electronic prescription to your pharmacy
- Find out if your insurance plan covers AZSTARYS. The insurance company might need more information or a prior authorization
- Ask the doctor or staff about the renewal process
- Find out about any programs that may be able to help with prescription costs. Look for the AZSTARYS Copay Savings Card in this Starter Kit or sign up at <u>AZSTARYS.com</u>

Before going to the pharmacy

- Contact the pharmacy to ask if they have AZSTARYS in stock, as not all pharmacies carry the same medicines. If they don't, they may be able to order it for you
- Ask the pharmacy if there's anything you need to bring, like:
 - A form of ID
 - Proof of insurance
- Visit and register at <u>AZSTARYS.com</u> to see if you're eligible for copay savings and get a copay savings card if you haven't already done so. Bring your card with you to the pharmacy

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

• Increased blood pressure and heart rate. Your HCP should check you or your child's blood pressure and heart rate regularly during treatment with AZSTARYS.

Please see additional Important Safety Information throughout and <u>Full Prescribing Information</u> and <u>Medication Guide</u>.



- Allow enough time for the doctor to renew an AZSTARYS prescription before it runs out. Talk with the doctor to confirm the steps needed for a renewal
- Set an alert on your phone or smartwatch at least 5 days before an AZSTARYS prescription runs out



Visit **AZSTARYS.com** to learn about copay assistance.

IMPORTANT SAFETY INFORMATION (continued) AZSTARYS may cause serious side effects, including: (continued)

• Mental (psychiatric) problems, including: new or worse behavior and thought problems, new or worse bipolar illness, new psychotic symptoms (such as hearing voices, or seeing or believing things that

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voices, or seeing or believing things that are not real), or new manic symptoms. Tell your HCP about any mental problems you or your child have, or about a family history of suicide, bipolar illness, or depression. Call your HCP right away if you or your child have any new or worsening mental symptoms or problems during treatment with AZSTARYS, especially hearing voices, seeing or believing things that are not real, or new manic symptoms.



Tips for taking **AZSTARYS**

How to take AZSTARYS

AZSTARYS should be taken exactly as prescribed.

There are different options for taking AZSTARYS as part of the morning routine.

You can choose the one that works best for your needs.



Swallow whole o

An AZSTARYS capsule can be swallowed whole with water or other liquids.



Sprinkle into water

The capsule can be opened and its contents can be sprinkled into 2 ounces (50 mL) of water.



or

Sprinkle onto applesauce

The contents can be sprinkled onto 2 tablespoons of applesauce.

All of the water or applesauce mixture should be swallowed within 10 minutes. **Do not** store the water or applesauce mixture.

Remembering to take AZSTARYS

AZSTARYS should be taken in the morning. Here are some tips to remember to take AZSTARYS



Set an alert on your phone or smartwatch as a reminder to take or administer AZSTARYS each day.



Connect AZSTARYS with an everyday activity. For example, AZSTARYS can be taken after brushing teeth in the morning.



Mark your calendar as a reminder to contact the doctor or pharmacy to renew the prescription before the AZSTARYS medication runs out.

AZSTARYS can be taken with or without food.

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

- Painful and prolonged erections (priapism). Priapism has happened in males who take products that contain methylphenidate. If you or your child develop priapism, get medical help right away.
- Circulation problems in fingers and toes (peripheral vasculopathy, including Raynaud's phenomenon). Tell your HCP if you or your child have numbness, pain, skin color change, or sensitivity to temperature in the fingers or toes. Call your HCP right away if you or your child have any signs of unexplained wounds appearing on fingers or toes during treatment with AZSTARYS.

Please see additional Important Safety Information throughout and <u>Full Prescribing Information</u> and <u>Medication Guide</u>.

IMPORTANT SAFETY INFORMATION (continued) AZSTARYS may cause serious side effects, including: (continued)

- Slowing of growth (height and weight) in children.
 Children should have their height and weight checked often during treatment with AZSTARYS. AZSTARYS treatment may be stopped if your child is not growing or gaining weight.
- Eye problems (increased pressure in the eye and glaucoma). Tell your HCP if you or your child have eye problems, including increased pressure in your eye, glaucoma, or problems with your close-up vision (farsightedness). Call your HCP right away if you or your child develop changes in your vision, eye pain, swelling, or redness.



26.1/5.2mg • 39.2/7.8mg • 52.3/10.4mg capsules

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What to expect

This may be the first time you're taking ADHD medicine, or maybe you're switching to AZSTARYS after trying a different medicine. Either way, there are a few important things to know.

What should be expected when starting AZSTARYS?

Talk with the doctor about what to expect with AZSTARYS and how behavior may change with treatment. A doctor may also discuss their plan of action with you, along with follow-up appointments.

When can I expect to see a change in symptoms with AZSTARYS?

The doctor can tell you what to look for and how quickly you may see a difference. They can also advise when to follow up with them about the experience with AZSTARYS.

What should be done if side effects occur?

Call the doctor about any side effects. The doctor may adjust the dose or recommend stopping AZSTARYS. **Read the Important Safety Information (seen throughout this guide) and accompanying <u>Medication Guide</u> to view a list of the possible side effects of AZSTARYS.**

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

• New or worsening tics or worsening Tourette's syndrome. Tell your HCP if you or your child get any new or worsening tics or worsening Tourette's syndrome during treatment with AZSTARYS.

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Please see additional Important Safety Information throughout and <u>Full Prescribing Information</u> and <u>Medication Guide</u>.





Write down any ADHD symptoms and how they affect you. This makes it easier to share thoughts with a doctor.

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

Before taking AZSTARYS, tell your HCP about all medical conditions including if you or your child are pregnant or plan to become

pregnant, because it is not known if AZSTARYS will harm the unborn baby, or are breastfeeding or plan to breastfeed, as AZSTARYS passes into breast milk.

Tell your HCP about all the medicines you or your child take, especially if you or your child take blood pressure medicines (anti-hypertensive). Do not start any new medicine during treatment with AZSTARYS without talking to your HCP first.



Online ADHD resources

Connecting with others who have been in your shoes and getting more information about ADHD can be valuable in your ADHD journey. These websites have plenty of useful information about ADHD.

Attention Deficit Disorder Association (ADDA)

https://add.org

Children and Adults with Attention-Deficit/ Hyperactivity Disorder (CHADD)

https://chadd.org

ADDitude

https://www.additudemag.com

National Institute of Mental Health

https://www.nimh.nih.gov/health/topics/attention-deficithyperactivity-disorder-adhd

American Professional Society of ADHD and Related Disorders

https://apsard.org



IMPORTANT SAFETY INFORMATION (continued) What are the most common side effects of AZSTARYS?

The most common side effects of AZSTARYS include:

- decreased appetite
- nausea
- indigestion
- weight loss
- dizziness
- mood swings
- increased blood pressure
- trouble sleeping
- vomiting
- stomach pain
- anxiety
- irritability
- increased heart rate

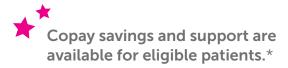
These are not all the possible side effects of AZSTARYS. Call your HCP for medical advice about side effects.

Please see additional Important Safety Information throughout and Full Prescribing Information and Medication Guide.



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Get ready to get started with AZSTARYS



Visit <u>AZSTARYS.com</u> or call **1-800-910-8432** to learn about copay assistance.



Scan the QR code using your phone's camera to see savings information.

*Eligibility required. See Terms and Conditions at AZSTARYS.com.

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You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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