

# Talking with your child's doctor about ADHD treatments

How ADHD impacts your child's day matters to you and their doctor. ADHD may affect your child at home, at school, during after-school activities, or when they're out with friends. Symptoms may happen at any time.

You may have questions about ADHD and its symptoms. This guide is meant to help you better understand ADHD so that you can have discussions about your child's symptoms and a treatment option with their doctor.

Is your child taking medicine for ADHD?  Yes  No

If yes, what medicine? \_\_\_\_\_

## 1. On a typical day, which of these symptoms do you see in your child? (Select all that apply.)

### Inattention

- Distracted easily
- Doesn't follow directions
- Can't stay focused to finish a task
- Forgets things
- Loses track of time
- Loses things

### Hyperactivity and impulsiveness

- Fidgets and squirms instead of sitting still
- Can't play quietly
- Talks a lot
- Interrupts others
- Can't stay seated
- Struggles with bedtime routine

## 2. Which parts of the day are more challenging due to ADHD symptoms? (Select all that apply.)

- Morning
- Dinnertime
- During school
- Bedtime
- After school/doing homework

## 3. How do these affect your child? (Select all that apply.)

### Home

- Has trouble getting ready for school
- Misses the bus often
- Has trouble falling asleep
- Other \_\_\_\_\_

### School

- Gets notes sent home from their teacher
- Gets poor grades
- Struggles to complete tests and schoolwork
- Other \_\_\_\_\_

### Social settings

- Has trouble getting along with friends
- Has trouble following directions
- Loses interest in after-school activities
- Other \_\_\_\_\_

ADHD, attention deficit hyperactivity disorder.

## What is AZSTARYS?

AZSTARYS is a central nervous system (CNS) stimulant prescription medicine for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in people 6 years of age and older. AZSTARYS may help increase attention and decrease impulsiveness and hyperactivity in people with ADHD.

## IMPORTANT SAFETY INFORMATION

**AZSTARYS is a federally controlled substance (CII) because it can be abused or lead to dependence. Keep AZSTARYS in a safe place to prevent misuse and abuse. Selling or giving away AZSTARYS may harm others and is against the law.**

Tell your healthcare provider if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

Please see additional Important Safety Information throughout.

[Click here for the Full Prescribing Information and Medication Guide.](#)

  
**azstarys**™ II  
serdexmethylphenidate  
and dexmethylphenidate  
26.1/5.2mg • 39.2/7.8mg • 52.3/10.4mg capsules

# Doctor discussion guide

## See how AZSTARYS is different

There are different options to help manage ADHD. Taking medicine is one of them. AZSTARYS is a different kind of medicine that may help with the symptoms of ADHD; it has 2 forms of medicine in 1 capsule. AZSTARYS:

- Starts working quickly after it's taken
- Helps improve ADHD symptoms throughout the day
- Gradually wears off

**AZSTARYS is taken once daily in the morning.**

## Ask about AZSTARYS

If your child's doctor suggests AZSTARYS, these questions can help you start a discussion about it.

1. How can AZSTARYS help with ADHD symptoms?
2. How is AZSTARYS different from the medicine my child is taking or other medicines for ADHD?
3. What are the common side effects of AZSTARYS?
4. How should AZSTARYS be taken?
5. How will I know if AZSTARYS is working?
6. How long will it take for AZSTARYS to work?
7. What else should I know about AZSTARYS?

## IMPORTANT SAFETY INFORMATION (continued)

### Who should not take AZSTARYS?

**Do not take AZSTARYS if you or your child are:**

- allergic to serdexmethylphenidate, methylphenidate, or any of the ingredients in AZSTARYS.
- taking or have stopped taking within the past 14 days a medicine used to treat depression called a monoamine oxidase inhibitor (MAOI).

### Serious problems can occur while taking AZSTARYS. Tell your healthcare provider:

- if you or your child have heart problems, heart defects, high blood pressure, or a family history of these problems. Sudden death has occurred in people with heart problems or defects taking stimulant medicines. Sudden death, stroke and heart attack have happened in adults taking stimulant medicines. Your doctor should check you or your child carefully for heart problems before starting AZSTARYS. Since increases in blood pressure and heart rate may occur, the doctor should regularly check these during treatment. **Call your healthcare provider right away or go to the nearest hospital emergency room if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting while taking AZSTARYS.**

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[Click here for the Full Prescribing Information and Medication Guide.](#)



# Doctor discussion guide (continued)

## IMPORTANT SAFETY INFORMATION (continued)

### Serious problems can occur while taking AZSTARYS. Tell your healthcare provider: (continued)

- if you or your child have mental (psychiatric) problems, or a family history of suicide, bipolar illness, or depression. New or worse behavior and thought problems or new or worse bipolar illness may occur. New psychotic symptoms (such as seeing or hearing things that are not real, believing things that are not true, being suspicious) or new manic symptoms may occur. **Call your healthcare provider right away if there are any new or worsening mental symptoms or problems during treatment.**
- if you or your child develop painful and prolonged erections (priapism), seek medical help right away. Priapism has occurred with methylphenidate (AZSTARYS). Because priapism can cause long-lasting damage, it should be checked by a healthcare professional right away.
- if you or your child have circulation problems in fingers and toes (called peripheral vasculopathy, including Raynaud's phenomenon). Fingers or toes may feel numb, cool, painful, sensitive to temperature, and/or change color from pale, to blue, to red. **Call your healthcare provider right away if any signs of unexplained wounds appear on fingers or toes while taking AZSTARYS.**
- if your child is having slowing of growth (height and weight). Your child should have his or her height and weight checked often while taking AZSTARYS.
- if you or your child are pregnant or plan to become pregnant. It is not known if AZSTARYS may harm your unborn baby.
- if you or your child are breastfeeding or plan to breastfeed. AZSTARYS passes into breast milk. Talk to your healthcare provider about the best way to feed your baby if you take AZSTARYS.

### What are possible side effects of AZSTARYS?

#### The most common side effects of AZSTARYS include:

- decreased appetite
- nausea
- indigestion
- weight loss
- dizziness
- mood swings
- increased blood pressure
- trouble sleeping
- vomiting
- stomach pain
- anxiety
- irritability
- increased heart rate

These are not all the possible side effects of AZSTARYS. Call your doctor for medical advice about side effects.

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You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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26.1/5.2mg • 39.2/7.8mg • 52.3/10.4mg capsules