



serdexmethylphenidate
and dexmethylphenidate

26.1/5.2mg • 39.2/7.8mg • 52.3/10.4mg capsules

Getting started with AZSTARYS®

We're here to help at every step

Many children who have ADHD take medicine to help with their symptoms. That's why your child's doctor has prescribed AZSTARYS. This guide can help get your child's AZSTARYS treatment journey off to a good start.

ADHD, attention deficit hyperactivity disorder.

What is AZSTARYS?

AZSTARYS is a central nervous system (CNS) stimulant prescription medicine for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in people 6 years of age and older. AZSTARYS may help increase attention and decrease impulsiveness and hyperactivity in people with ADHD.

IMPORTANT SAFETY INFORMATION

AZSTARYS is a federally controlled substance (CII) because it can be abused or lead to dependence. Keep AZSTARYS in a safe place to prevent misuse and abuse. Selling or giving away AZSTARYS may harm others and is against the law.

Tell your healthcare provider if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

Please see additional Important Safety Information throughout and accompanying Full Prescribing Information and Medication Guide.

Filling your AZSTARYS prescription



Filling the prescription is the first step in your AZSTARYS treatment journey. Here are some tips to help with the process.

Before you leave the doctor's office

- Ask what kind of prescription the doctor is giving you. It might be paper, or they might send an electronic prescription to your pharmacy
- Find out if your insurance plan covers AZSTARYS. Your insurance company might need more information or a prior authorization
- Ask the doctor or staff about the renewal process
- Find out about any programs that may be able to help with prescription costs

Before you go to the pharmacy

- Contact your pharmacy to ask if they have AZSTARYS in stock, as not all pharmacies carry the same medicines. If they don't, they may be able to order it for you
- Ask your pharmacy if there's anything you need to bring, like:
 - A form of ID
 - Proof of insurance
- Visit [AZSTARYS.com](https://www.azstarys.com) to see if you're eligible for copay assistance. If you are, you'll need to register and get a copay card to bring with you to the pharmacy

IMPORTANT SAFETY INFORMATION (continued)

Who should not take AZSTARYS?

Do not take AZSTARYS if you or your child are:

- allergic to serdexmethylphenidate, methylphenidate, or any of the ingredients in AZSTARYS.

Please see additional Important Safety Information throughout and accompanying Full Prescribing Information and Medication Guide.

Renewing the prescription

- Allow some time for your child's doctor to renew their prescription so that your child does not run out of AZSTARYS. You may want to talk with your child's doctor to confirm the steps needed for the renewal
- Set an alert on your phone to help remind you when it's time to get a renewal

Need help with insurance or savings for AZSTARYS?

Visit [AZSTARYS.com](https://www.azstarys.com) to learn about copay assistance.

IMPORTANT SAFETY INFORMATION (continued)

Who should not take AZSTARYS? (continued)

Do not take AZSTARYS if you or your child are: (continued)

- taking or have stopped taking within the past 14 days a medicine used to treat depression called a monoamine oxidase inhibitor (MAOI).



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Tips for taking AZSTARYS

How to take AZSTARYS

AZSTARYS should be taken exactly as prescribed.

There are 3 different options for taking AZSTARYS as part of the morning routine. You can choose the one that works best for you and your child.



Swallow whole

An AZSTARYS capsule can be swallowed whole with water or other liquids.



Sprinkle into water

The capsule can be opened and its contents can be sprinkled into 2 ounces (50 mL) of water.



Sprinkle onto applesauce

The contents can be sprinkled onto 2 tablespoons of applesauce.

AZSTARYS can be taken **with** or **without** food.

All of the applesauce or water mixture should be swallowed within 10 minutes. **Do not** store the applesauce or water mixture.

Please see additional Important Safety Information throughout and accompanying [Full Prescribing Information](#) and [Medication Guide](#).



Remembering to take AZSTARYS

AZSTARYS should be taken in the morning. It may be helpful to set an alert on your phone to remind you to give your child AZSTARYS each day.

IMPORTANT SAFETY INFORMATION (continued)

Serious problems can occur while taking AZSTARYS.

Tell your healthcare provider:

- if you or your child have heart problems, heart defects, high blood pressure, or a family history of these problems. Sudden death has occurred in people with heart problems or defects taking stimulant medicines. Sudden death, stroke and heart attack have happened in adults taking stimulant medicines. Your doctor should check you or your child carefully for heart problems before starting AZSTARYS. Since increases in blood pressure and heart rate may occur, the doctor should regularly check these during treatment. **Call your healthcare provider right away or go to the nearest hospital emergency room if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting while taking AZSTARYS.**



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Using the Progress Journal

When your child starts treatment with AZSTARYS, it's important to keep track of how they're responding to their medicine. The Progress Journal in your Welcome Kit can help.

The Progress Journal features:

- Prompts to guide you in recording useful information about your child's journey with AZSTARYS
- Tips for managing your child's ADHD symptoms and addressing any issues they may face during the day

IMPORTANT SAFETY INFORMATION (continued)

Serious problems can occur while taking AZSTARYS.

Tell your healthcare provider: (continued)

- if you or your child have mental (psychiatric) problems, or a family history of suicide, bipolar illness, or depression. New or worse behavior and thought problems or new or worse bipolar illness may occur. New psychotic symptoms (such as seeing or hearing things that are not real, believing things that are not true, being suspicious) or new manic symptoms may occur. **Call your healthcare provider right away if there are any new or worsening mental symptoms or problems during treatment.**

Please see additional Important Safety Information throughout and accompanying **Full Prescribing Information** and **Medication Guide**.



Bring the journal to your child's doctor visits. It can help the doctor see if any changes need to be made to your child's treatment. It can also remind you of questions you'd like to ask the doctor.

IMPORTANT SAFETY INFORMATION (continued)

Serious problems can occur while taking AZSTARYS.

Tell your healthcare provider: (continued)

- if you or your child develop painful and prolonged erections (priapism), seek medical help right away. Priapism has occurred with methylphenidate (AZSTARYS). Because priapism can cause long-lasting damage, it should be checked by a healthcare professional right away.
- if you or your child have circulation problems in fingers and toes (called peripheral vasculopathy, including Raynaud's phenomenon). Fingers or toes may feel numb, cool, painful, sensitive to temperature, and/or change color from pale, to blue, to red. **Call your healthcare provider right away if any signs of unexplained wounds appear on fingers or toes while taking AZSTARYS.**



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What to expect

This may be the first time your child is taking ADHD medicine, or maybe your child is switching to AZSTARYS after trying a different medicine. Either way, there are a few important things to know.

What should I expect when my child starts taking AZSTARYS?

Talk with your child's doctor about what to expect with AZSTARYS. They can tell you how quickly you may see a difference and how your child's behaviors may change. They can also discuss their plan of action with you, along with follow-up appointments and expectations.

IMPORTANT SAFETY INFORMATION (continued)

Serious problems can occur while taking AZSTARYS. Tell your healthcare provider: (continued)

- if your child is having slowing of growth (height and weight). Your child should have his or her height and weight checked often while taking AZSTARYS.

Please see additional Important Safety Information throughout and accompanying Full Prescribing Information and Medication Guide.

Like all ADHD medicines, AZSTARYS may cause side effects. Read the Important Safety Information (seen throughout this guide) and accompanying Medication Guide to see the possible side effects of AZSTARYS.

Call the doctor if your child experiences side effects. The doctor might adjust your child's dose or have them stop taking AZSTARYS.

IMPORTANT SAFETY INFORMATION (continued)

Serious problems can occur while taking AZSTARYS. Tell your healthcare provider: (continued)

- if you or your child are pregnant or plan to become pregnant. It is not known if AZSTARYS may harm your unborn baby.
- if you or your child are breastfeeding or plan to breastfeed. AZSTARYS passes into breast milk. Talk to your healthcare provider about the best way to feed your baby if you take AZSTARYS.



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Talking with your child's school

Whenever your child changes medicines or starts taking a new one, you should inform their school. There are a few reasons for this.

- Let the school nurse know about any medicines your child is taking
- Ask about different offerings at your child's school, like an IEP or 504 plan, that can help students with ADHD
- Talk with your child's teacher about their progress in class and changes they may see throughout the school day



Actor portrayal

IMPORTANT SAFETY INFORMATION (continued)

What are possible side effects of AZSTARYS?

The most common side effects of AZSTARYS include:

- decreased appetite
- nausea
- indigestion
- weight loss
- dizziness
- mood swings
- increased blood pressure
- trouble sleeping
- vomiting
- stomach pain
- anxiety
- irritability
- increased heart rate

These are not all the possible side effects of AZSTARYS. Call your doctor for medical advice about side effects.

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IMPORTANT SAFETY INFORMATION (continued)

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You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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Get ready to get started with AZSTARYS

Copay savings and support are available for
eligible patients*

Visit [AZSTARYS.com](https://www.AZSTARYS.com) or call **1-800-910-8432** to
learn about copay assistance.



Scan the QR code using your phone's
camera to see savings information.

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*Eligibility required. See Terms and Conditions
at [AZSTARYS.com](https://www.AZSTARYS.com).

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